



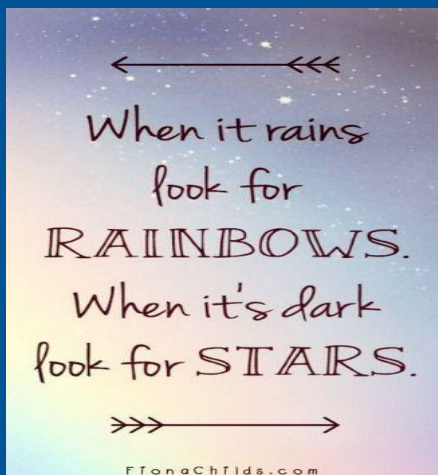
United Methodist  
Communities  
Collingswood

# Fun Affairs

SPRING, 2019

## Abundant Life for Seniors

Come and experience life at our Retirement Community. Join residents for some regular activities or special scheduled events.



James Clancy  
Executive Director

Barbara Wrzeszcz  
Sales Director

Matt Smith  
Sales Assistant

Mary Moloney  
Volunteer Coordinator

460 Haddon Avenue  
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[UMCommunities.org/Collingswood](http://UMCommunities.org/Collingswood)

## Let's Do Tea

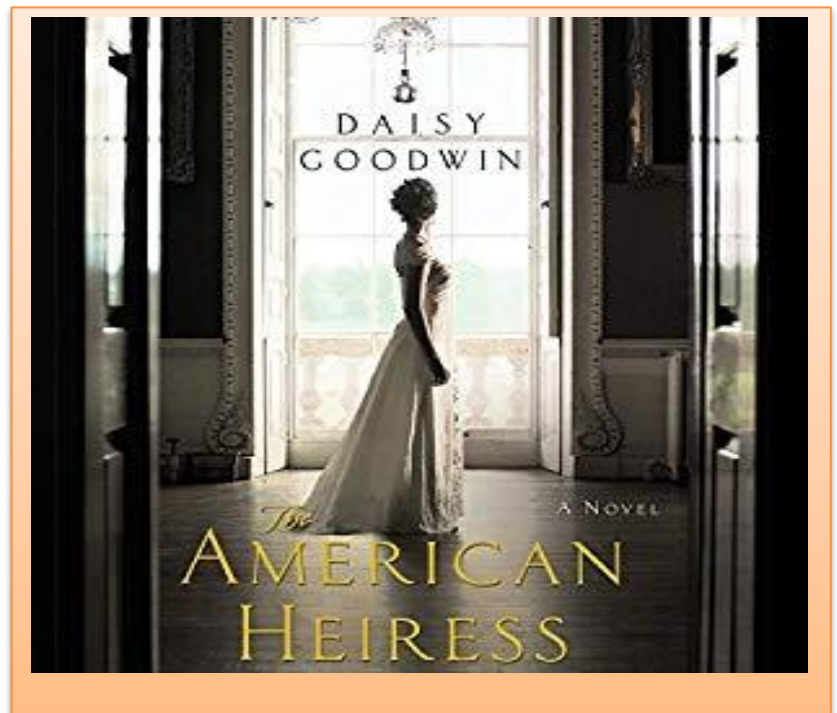
**Wednesday, April 24, 3:30pm**

Our Book Club is reading [The American Heiress](#) by Daisy Goodwin. Get ready for a lively discussion of this book while enjoying some tea sandwiches and scones.

RSVP to Mary Moloney by Wednesday, April 17, to reserve your spot (856) 854-4331 ext 5204.

Don't forget the hat and gloves!!

"Anyone suffering *Downton Abbey* withdrawal symptoms (who isn't?) will find an instant tonic in Daisy Goodwin's *The American Heiress*. The story of Cora Cash, an American heiress in the 1890s who bags an English duke, this is a deliciously evocative first novel that lingers in the mind." --Allison Pearson, *New York Times*.



# Discussion on the National POLST (Practitioner Orders for Life-Sustaining Treatment)

1 CEU – for NJ Social Workers

On **Tuesday, April 30, 5:00 to 6:15pm**, Dr. May Thomas, Director of Care Coordination and Education at ScottCounsel Estate and Elder Care Law, will talk about identifying clients who would benefit from the use of POLST; define how to introduce the POLST to clients; how to assist clients in preparing the POLST forms for physician questions and discussion; and discuss the differences between the POLST, advanced directives, and DNR forms.

Please RSVP by April 15 to Matt Smith by calling (856) 854-4331 ext 5126 to reserve your spot. A light dinner will be provided by UMC at Collingswood.

## Pre-Cinco De Mayo Party

Wednesday, May 1 from 2-3:30pm



Let's celebrate Mexican American Culture early this year, instead of the 5<sup>th</sup> of May! Bring your sombrero and enjoy some Mexican music and appetizers. RSVP to Matt Smith by Friday, April 26 at (856) 854-4331 ext 5126.

# *It's Great to be a Grandparent!*

Thursday, May 23, 2-4:00pm



If you have a grandchild, bring them in to celebrate with us. There will be storytelling, games, crafts, and light refreshments.

Contact Matt Smith at (856) 854-4331 ext 5126 on or

before May 16 to let us know that you will be attending.

**Phillies** **Vs the Red Sox**

Friday, June 7, 7:00 pm to .....

Why sit at home and watch the game???? Find your spot on our front lawn and enjoy the game with **your family and our family**. There will be hamburgers and hot dogs, soda and popcorn available to purchase. Go Phillies!!!!

**On** Tuesday, June 18, 2019

**We are heading to Lancaster County, PA.....**

Good time of the year to see what is happening in Lancaster. Come with us!

We are leaving at 8:00am and going to an Amish Farm and Village, Kitchen Kettle, Village County Crafts, Wilbur Chocolates and Waltz Tasting. Residents, associates, family members, old and new friends are invited to join us on June 18 to explore this great part of Pennsylvania.



*More information to follow.*

*Contact Matt Smith at (856) 854-4331 ext 5126 on or before June 3 to save your spot. Payment must be made at the time of reservation.*

*The Dementia Conversation - Knowing the Signs*

*Wednesday, July 31, 11:30am to 1:00pm*

Don't miss this presentation by Chris Bratton, Esq of Bratton Estate & Eldercare Attorneys. He will be discussing the signs of dementia, how to adapt to someone with dementia, and legal planning. Please ***contact Matt Smith by July 23*** at (856) 854-4331 ext 5126 to reserve your spot. A light lunch will be served.

**Bite-Sized Learning**

## **Is Senior Living Right for You?**

**Thursday, August 1, 11:30am to 1:00pm**

Please join us in discussing what Senior Living looks like today. There have been a lot of changes since the 90s. See how UMC at Collingswood is changing with the times and what we offer that may be different from others. Contact Matt Smith at (856) 854-4331 ext 5126 by Wednesday, July 24 to reserve your seat. A light lunch will be served.

**Remember Your New Year's Resolution? Perhaps it's time?**

### **SeniorFITness Signup**



**Monday, Tuesday & Friday –**  
Stretch muscle groups and work  
lower body

**Wednesday –** Balance and stretch

**Thursday –** Tubing

\$36 for 12 sessions with a Community Punch Card.

Call Kelly at 856-854-4331 x5207.

## ***Weekly Events***

**T'ai Chi Chih**

**Every Tuesday 3:00pm to 4:00pm** Come experience health, harmony and balance. Michelle will take you through moving meditations that balance and circulate the chi, the intrinsic energy inherent in all life. You will easily learn 19 powerful movements and one pose regardless of your age and physical condition. The cost is \$60 for 6 sessions or \$12 a class. Call Mary Moloney at 856-854-4331 x5204 to reserve your spot and ask questions prior to class starting.

### **Share Our Stitches (SOS)**

**Every Monday 1:30pm to 2:30pm** - Learn to knit or come and knit with a lively group. Right now we're knitting baby blankets and hats for the Choices Pregnancy Center. Call Mary Moloney at 856-854-4331 x5204 to find out more.

### **Collingswood Fiber Art Guild**

**Every 2<sup>nd</sup> Tuesday, 7:30pm in the library** - Calling all people interested in fiber arts such as knitting, crocheting, quilting, weaving and needlepoint. We work on individual projects and occasional group projects. Everyone is welcome to casually drop in or join us on a regular basis.

### **Bible Study**

**Every Thursday, 11am in the library** - Director of Mission and Pastoral Care, Rev. Dr. Richard Leaver, leads a study on Bible characters from both the Old and New testaments using video from the History Channel along with the scriptural texts. The public is welcome. Please join us.

### **Friday Feature Film**

**Every Friday, 11:30am in the 'Music Room' off the main lobby** - View a variety of movies, documentaires and televised special events. Pull up a chair and be thrilled, chilled and entertained. Contact Mary Moloney at 856-854-4331 x5204.



# Monthly Events

## Senior Space

Join us in our NEW LOCATION

The first and third Wednesday of each month, 9:30am to 2:00pm - If you have not joined us before, you are welcome to be a part of this distinctive programming for older adults. It is an opportunity to socialize, take a class, access resources and learn to use technology, engage in discussions about events, mingle and have a great time.

Most services and/or classes are either at no cost or a nominal fee. Participants may choose, free of pressure and commitment, to attend what they find appealing. Lunch is available to purchase in our *Bistro*.

Please contact Mary Moloney at (856) 854-4331 Ext 5204 for more information.

## Book Club

Last Wednesday of every month, 3:30pm - Join in a lively discussion of this month's book. Call Mary Moloney at 856-854-4331 x5204 if you would like to attend or for further information.

## Arlene's Corner

The last Friday of every month, 1:30pm in the library - Arlene invites you to join the discussions on topics such as It Happened in NJ, Actors Who Fought in WWII, Extreme Weather, etc. Contact Mary Moloney at 856-854-4331 x5204.

## Matinee Movie

Every second Monday, 2:00pm in the library – Anthony invites you to join us for a matinee movie that the group chooses every month. After airing, a living discussion ensues. Contact Mary Moloney at 856-854-4331 x5204 if you will be joining us.